



Revealing A Hidden Medical Issue

When 24-year-old Emmalee fainted in the middle of the classroom, she became nervous that COVID-19 had affected her body beyond the common head cold symptoms. It had been over a month since she had COVID-19, so she got a series of tests done that might explain her sudden collapse. Doctors could give her no answers.

Fortunately, Emmalee's father knew of a resource available through his health insurance that might be able to help. Emmalee was paired with Lindsay from Guardian Nurses.

"When I found out I had to get a spinal tap, I was extremely nervous, but Lindsay was by my side through it all. She helped me make appointments, talked me through each procedure, and gave me positive affirmations to keep me grounded," said Emmalee. "It was extremely helpful because I was experiencing brain fog for much of that time. I might not have gotten through the experience if it weren't for Lindsay."

Emmalee was diagnosed with Postural Orthostatic Tachycardia Syndrome, or POTS, a dysfunction of the autonomic nervous system.

"Lindsay was essential to receiving the diagnosis," stated Emmalee. "My family didn't know what steps to take or the proper medical terms to use. I had difficulty getting in touch with doctors on my own. There were days that I felt depressed and defeated, but Lindsay was there to help me take each step."

Today, Emmalee is more stable and is taking time to recover, but she stays in touch with Lindsay. "She still checks in on me to this day. I can't say enough good things about her. I would recommend this resource to anyone."