



Managing Care = Healthier Outcomes

Trying to manage multiple health care issues at the same time can be confusing and overwhelming. That was the case for Jane who was suffering from heart issues, diabetes, rheumatoid arthritis, chronic pain, and depression.

“I had several calls over the years, but I didn’t know about the Guardian Nurse service and never called back,” said Jane. “Then, I had a heart attack and ended up in the hospital and the nurse called me. I realized these people are nice, not intrusive, and they helped me coordinate everything.”

She says the service has been a blessing. “They took care of all of my medical issues. They made doctor appointments, straightened out my medications, and even hooked me up with a counselor to deal with my depression.”

The impact has been life-changing for Jane. “I have been dealing with these problems for a long time and never had this much control over my blood sugar and my cholesterol. I have also weaned off my pain medications. I wake up in the morning and I feel normal, I don’t feel sick or tired.”

The education, monitoring, and care the Guardian Nurses have provided to Jane over the past two years have proven invaluable. “They saved years of my life and have given me the tools to manage better on my own. I feel amazing!”